

OCTOBER 2021 NEWSLETTER

 **Nunthorpe**
Squash Club

Welcome to the
Nunthorpe Squash Club
Newsletter



Junior Squash
Academy

Mini Leagues,
Club Night
&
Team Matches



**NEW AND OLD
MEMBERS
WELCOME!**

Committee
AGMs
&
County Updates

Take up an either
annual subscription
or
monthly membership!
Join now!



AGM UPDATE

Committee members update

We held our AGM on 06/10/21 - Thank you if you managed to join us.

At this meeting, Stewart Wright informed us of his decision to step down as membership secretary and maintain his position as Ormesby representative for squash on the PFA.

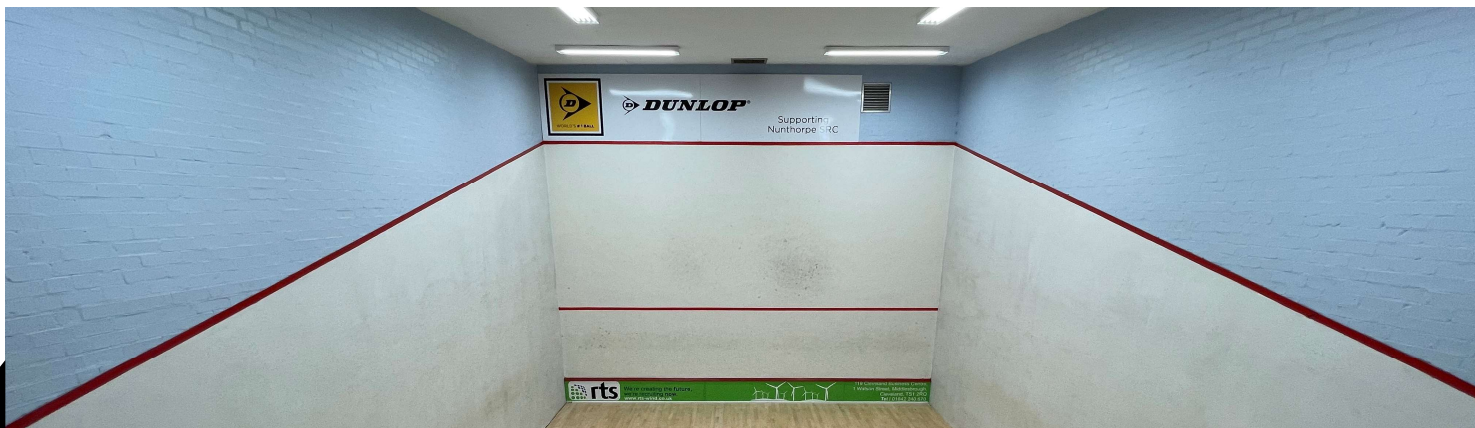
On behalf of the Squash Committee, we would like to thank Stewart for his contributions over a long period of time. He has been an asset to the committee and has dedicated many voluntary hours to support the club and new members.

Martin Bradley will take up the position of membership secretary.

We also welcome Ian Williams to the committee.

Thank you
Stew!





JUNIOR COACHING AGED 6-16

THE SQUASH ACADEMY



Squash Academy Fun Evening!

The members of the Academy are having a fun evening on Saturday 23rd October from 5pm – 7pm. We will be having party and games courts and playing mini-tournaments. This means the courts will be out of action on this evening. Families who are members will be welcome during this time in the bar. We are also looking for donations for raffle prizes.





SQUASH

is for

EVERYONE

MEMBERSHIPS

JOIN NOW!

Membership includes:

- Squash courts- 45 mins
 - Online booking
- Showers and Sauna
 - Drinking facilities
- Vending machine
 - Gym
 - Bar access

Please respect other players by continue to practice good hygiene measures.

PLEASE RENEW & JOIN
THROUGH OUR WEBSITE:

www.nunthorperecreationclub.co.uk

WAYS TO PAY...

Monthly subscription or
pay annually – pro rata
(lasts until 01/06/22)

This includes Court, Gym and Bar
access.

~~I'm tired~~
~~It's too cold~~
~~It's too hot~~
~~It's raining~~
~~It's too late~~
Let's go

SQUASH

is for

EVERYONE

CLUB SHIRTS

LAST FEW REMAINING...



Club Shirts

There is still a small amount of stock left for those who would like to purchase one:

website@nunthorperecreationclub.co.uk

Only £12 each

Stock Remaining	S	M	L	XL	Kids - 12/13
Club Shirts	3	2	6	1	1

Measurements	XS	S	M	L	XL	XXL	3XL	4XL	5XL
1/2 Chest	44.5cm	48cm	51.5cm	55cm	58.5cm	62cm	65.5cm	69cm	72.5cm
Body Length	67.5cm	70cm	72.5cm	75cm	77.5cm	80cm	82.5cm	85cm	87.5cm
Sleeve Length	23cm	23cm	24cm	24cm	25cm	25cm	26cm	26cm	27cm



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CLUB ACTIVITIES

GET INVOLVED...

Mini-Leagues

Mini-leagues are now up and running. The club has its own internal leagues which run throughout the season. Sign up to the Mini-leagues on the events section on the club website or email: Michael.Bowes@ntlworld.com

Club Night

Every Friday evening, from 7.00pm, all courts are booked for Club Night. This is where members of all playing abilities, from novices to team players, can come and play each other in a friendly non-competitive atmosphere. To take part turn up or contact Geoff Smith.

Adult Squash Training (all abilities): STARTING MONDAY 18th OCTOBER, 6.00 – 7.30pm

Adult fitness and training sessions will focus on racket work and will be ran by our Level 3 Coach Mally Leech. £3 lights charge, just turn up.



Team Matches

Team Squash has returned. This year, we have two teams in the County leagues. Our captains this year are Michael Bowes (1st team, playing Tuesdays) and Martin Bradley (2nd team, playing Thursdays).

Additional County events

The Durham & Cleveland Squash County AGM will be at Norton on 26th October @ 7:30pm.

The County Closed will be at Redcar starting 22nd November 2021.

The County Masters will be at Norton starting 24th January 2021.

Check out the Durham and Cleveland Squash website for more info.

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RECREATION CLUB

CLUB BAR



Bar Opening hours

Mon to Wed: 6pm–10pm

Thurs and Fri: 6pm– 11pm

Sat: 3pm – 11pm

Sun: 3pm – 10.30pm

Times may vary depending on demand.

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EVERYONE

THE SQUASH COMMITTEE

OCTOBER 2021

Graeme Lewis



Treasurer and squash coach

Geoff Smith



Chairman, secretary
and County Committee
representative

Martin Bradley



Membership Secretary

Malcolm Leech



Committee member and
squash coach

Michael Bowes



Committee member, 1st team
club captain and squash coach

Ian Williams



Committee member