

**MARCH
2022**



**Welcome to the
Nunthorpe Squash Club
Newsletter**



**Junior Squash
Academy**



**Club Competition
&
Finals Night**



**County
Updates**

**Take up an either
annual subscription
or
monthly membership!**

Join now!

**NEW AND OLD
MEMBERS
WELCOME!**



CLUB COMPETITIONS

Finals Night: Saturday 30th April 2022

Club competitions:

This year, the club events consist of the following competitions:

- **Main**
- **Handicap**
- **Masters/Veterans** (overs 50s – you must be 50 on 30th April 2022 to enter)
- **Juniors** (arranged through the Academy)



Closing date for entry is: 13th March 2022

To enter, place a stamp on the competition entry noticeboards at the Squash Club. Stamps can be obtained from stamp machine located next light meters.

This year's organiser is Michael Bowes, supported by the Squash Committee.



Finals Night: Saturday 30th April 2022

Entertainment for the evening to be confirmed.

Good luck everybody.....





LEAGUES WINNERS!! - WE ARE THE CHAMPIONS!!!

Congratulations to Nunthorpe 2nd Team on winning the Durham and Cleveland 3rd division. The team have excelled throughout the season and promotion is well deserved.

Team	P	W	L	D	F	A	Pen	Total
1 Nunthorpe 2	★ 11	11	0	0	199	39	0	199
2 Sedgefield 3	★ 10	7	3	0	135	91	0	135
3 Guisborough 3	★ 10	5	5	0	129	91	0	129
4 Redcar 2	★ 11	5	6	0	114	130	0	114
5 Yarm 4	★ 10	4	6	0	95	128	0	95
6 Norton 4	★ 10	4	6	0	82	132	0	82
7 Sedgefield 4	★ 10	0	10	0	36	179	0	36

Well done to Martin Bradley (captain), Anthony Leatherland, Dan Leech, John Redding, Ben Suggit, Peter Harrison, Andy Millard, Paul Walsh and Tobias James.



The Squash Academy

Guisborough Road, Nunthorpe, Middlesbrough, TS7 0JA

Cost:	£4 for Members £5 for Non-members
Sessions:	Saturday 9am-10am Saturday 10:15am-11:15am
Suitability:	Boys and Girls of all abilities From 6-16 years old

First session free

Junior Performance

Junior Yellows

Junior Reds

Junior Blues

Start

JUNIOR COACHING AGED 6-16



THE SQUASH ACADEMY



COME AND JOIN US!!

We are delighted with the way that the Squash Academy is growing. We have developed a consistent group of juniors and are steadily getting new members. They are a real asset to the club and county. We meet on a Saturday morning: See our website to join.

Recycling Scheme – see a coach to donate!

We will accept any good quality items. Aims are:

- Helping other Academy families with financial savings
- Protect the squash courts by wearing non-marking shoes
- Contribute to reducing our carbon footprint



SQUASH

is for

EVERYONE

MEMBERSHIPS

~~I'm tired~~
~~It's too cold~~
~~It's too hot~~
~~It's raining~~
~~It's too late~~
Let's go

JOIN NOW!

Membership includes:

- Squash courts- 45 mins
 - Online booking
- Showers and Sauna
- Drinking facilities
 - Gym
- Bar access

WAYS TO PAY...

Monthly subscription or
pay annually – pro rata
(lasts until 01/06/22)

This includes Court, Gym and Bar
access.



- ★ Squash
- ★ Racketball
- ★ Gym
- ★ Table tennis
- ★ Individual Squash coaching
- ★ Group Squash coaching
- ★ Squash Academy (6-16 years old)

- ★ Equipment to loan
- ★ Free Squash Mini leagues
- ★ Modern changing facilities
- ★ Sauna
- ★ Online booking system
- ★ Bar and events
- ★ Free car parking

Membership Type	Monthly Fee
Single 1 single adult	£15.00
Joint Married or co-habiting	£22.00
Family 2 adults plus up to 3 children	£25.00
Student Student in full time education	£8.00
Junior Under 19	£4.00



www.nunthorperecreationclub.co.uk/join.php

PLEASE RENEW & JOIN THROUGH OUR WEBSITE: www.nunthorperecreationclub.co.uk

SQUASH

is for

EVERYONE

CLUB SHOP



All the gear...

Navy Club Shirts

Only £12 each

Get them while stocks last....

Measurements	XS	S	M	L	XL	XXL	3XL	4XL	5XL
1/2 Chest	44.5cm	48cm	51.5cm	55cm	58.5cm	62cm	65.5cm	69cm	72.5cm
Body Length	67.5cm	70cm	72.5cm	75cm	77.5cm	80cm	82.5cm	85cm	87.5cm
Sleeve Length	23cm	23cm	24cm	24cm	25cm	25cm	26cm	26cm	27cm



Academy Shirts

Only £8 each

Only available for members of the Academy



Junior Squash Rackets

A selection of rackets available.
Contact us for prices and choices

Place your order now by emailing: website@nunthorperecreationclub.co.uk



SQUASH

is for

EVERYONE

CLUB ACTIVITIES



GET INVOLVED...

Mini-Leagues

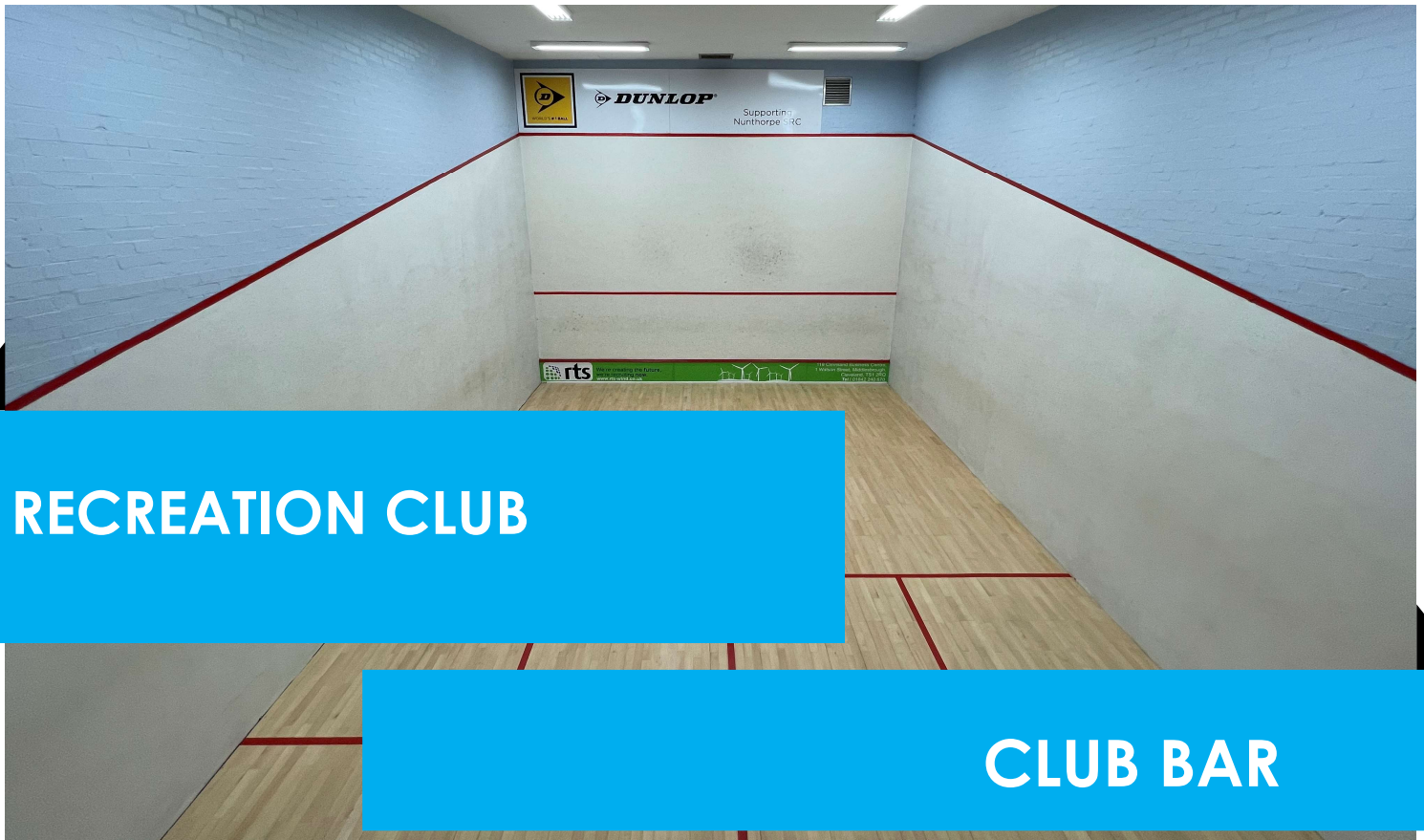
Mini-leagues are running well. These club based internal leagues run throughout the season. Sign up to the Mini-leagues on the events section on the club website or email: Michael.Bowes@ntlworld.com

Club Night

Every Friday evening, from 7.00pm, all courts are booked for Club Night. This is where members of all playing abilities, from novices to team players, can come and play each other in a friendly non-competitive atmosphere. To take part just turn up.

Squash 101 Adult Squash (all abilities – focussing on new players): **COMING SOON!**

This initiative is geared to provide players tips to improve their game. Experienced players will share their knowledge with you in an informal environment.



RECREATION CLUB

CLUB BAR



Bar Opening hours

Mon to Wed: 6pm–10pm
Thurs and Fri: 6pm– 11pm
Sat: 3pm – 11pm
Sun: 3pm – 10.30pm

Times may vary depending on demand.



Boro matches

The next matches on TV as below;

Boro vs West Brom

Tuesday 22nd February 19:45

Boro Vs Tottenham Hotspur

Tuesday 1st March 19:55

Birmingham vs Boro

Tuesday 15th March 19.:45

These will all be shown in the bar so, come along and support the Boro!

SQUASH

is for

EVERYONE

THE SQUASH COMMITTEE



VACANCY: Club Secretary

Graeme Lewis



Treasurer and squash coach

Geoff Smith



Chairman, secretary
and County Committee
representative

Martin Bradley



Membership Secretary

Malcolm Leech



Committee member
and squash coach

Michael Bowes



Committee member,
1st team club captain
and squash coach

Ian Bell



Committee member
and squash coach

Ian Williams



Committee member