

May 2023

Nunthorpe Squash Club Newsletter



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Guisborough Road, Nunthorpe, Middlesbrough

www.nunthorperecreationclub.co.uk



CLUB COMPETITIONS

Finals night! What a fabulous evening and celebration of squash. We were entertained with some unbelievable finals from our youngest players right the way through to our senior adults. After the squash, a great time was had by all at the disco!

Well done to the winners as well as a big thanks to all the players who helped make the competition a success.

Event	Winner	Runner Up
Club Championship	M Bowes	G Lewis
Ladies	E Bell	K Smailes
Handicap	A Walker	K Ruddock
Masters	M Bradley	P Walsh
Club Plate	J Hewson	M Steel
Handicap Plate	B Lewis	C Plews
Junior U19	B Suggitt	C Plews





Raffle

Thank you to those who participated in the raffle and fund raising; where £500 was raised. This will go towards supporting improvements in the club. All winners have now been notified.

Squash Academy

A huge well done to our junior players, who all achieved awards on Finals night. We are immensely proud of them and would like to thank families who were able to join us on the evening.



Squash AGM



Vacancy: Club Secretary

Nominations and volunteers required by

Notice is hereby given that the Annual General Meeting will be held in the bar on:

Tuesday 16th May 2023 at 7.00pm

Members are invited to attend.

Junior members are welcome to attend, but do not have any voting rights at the meeting.

AGENDA:

1. Apologies for absence
2. Minutes of the 2022 AGM.
3. Matters arising.
4. Chairman's address.
5. Hon. Secretary's report.
6. Hon. Treasurer's report.
7. Election of Officer's and Committee.
8. To agree annual subscriptions for the year commencing 1st June 2023

THE COMMITTEE PROPOSES THE FOLLOWING SUBSCRIPTIONS FOR THE YEAR COMMENCING 1st JUNE



Membership Type	Single	Joint	Family	Student	Junior
Annual	£160	£240	£275.63	£80	£47.50
Monthly	£16	£24	£27	£8	£5



The Squash Academy

Guisborough Road, Nunthorpe, Middlesbrough, TS7 0JA

Cost:	£4 for Members £5 for Non-members
Sessions:	Saturday 9am-10am Saturday 10:15am-11:15am
Suitability:	Boys and Girls of all abilities From 6-16 years old

First session free

Junior Performance

Junior Yellows

Junior Reds

Junior Blues

Start

JUNIOR SQUASH COACHING AGED 6-16



COME AND JOIN US!!

The Squash Academy has a consistent group of juniors and are steadily gaining new members. They are a real asset to the club and county. We meet on a Saturday morning. See our website to join. All equipment provided and new members always welcome.

Recycling Scheme – see a coach to donate!

We will accept any good quality items. Aims are:

- Helping other Academy families with financial savings
- Protect the squash courts by wearing non-marking shoes
- Contribute to reducing our carbon footprint



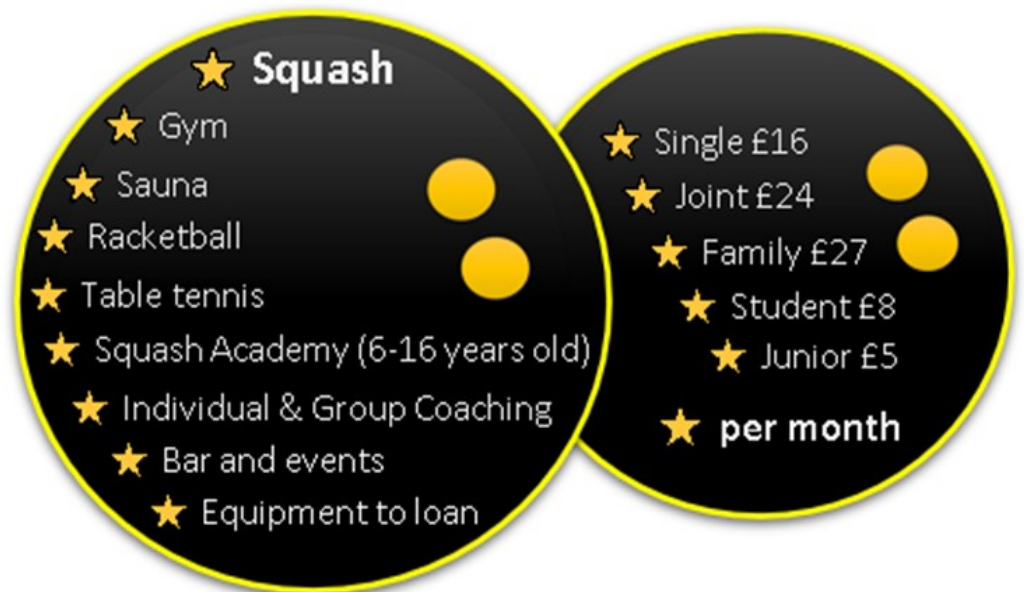
MEMBERSHIPS - JOIN NOW!

Reasons to join:

- Keep fit
- Have fun
- Meet new players
- Try a new sport
- All weather sport
- Take part in competitions

Membership includes:

- Squash courts- 45 mins
- Online booking
- Showers and Sauna
- Drinking facilities
- Gym
- Bar access



★ Squash

- ★ Gym
- ★ Sauna
- ★ Racketball
- ★ Table tennis
- ★ Squash Academy (6-16 years old)
- ★ Individual & Group Coaching
- ★ Bar and events
- ★ Equipment to loan

★ Single £16

★ Joint £24

★ Family £27

★ Student £8

★ Junior £5

★ per month

RENEW/JOIN via
our website:

www.nunthorperecreationclub.co.uk



WAYS TO PAY...

Monthly subscription or

Pay annually – pro rata (until 1st June)

**ANNUAL MEMBERSHIP RENEWAL
DUE IN JUNE**

CLUB
ACTIVITIES
GET
INVOLVED
JOIN IN
HAVE SOME
FUN



Mini-Leagues

Mini-leagues are running well. These club based internal leagues run throughout the season. Sign up to on the events section on the club website or email:

Michael.Bowes@ntlworld.com

Teams

If you would like to play in the teams please see Michael Bowes or Martin Bradley. Anyone can participate, just put your name forward. Remember to play you need to be England Squash affiliated, costing £15.

Club Night & Squash 101

STARTING SOON– evening TBC shortly....

This is where members of all playing abilities, from novices to team players, can come and play each other in a friendly non-competitive atmosphere. To take part just turn up. Some of these sessions will be supported by experienced players to help develop your squash game.

Pre-Season and doubles comps

We plan to host fun events for all throughout the year.

Sponsored Walk

Over the last few years the Squash Academy has completed a sponsored walk. We have been asked if we could do this again; so watch out for details coming soon!

CLUB SHOP



All the gear...

Navy Club Shirts:

as worn by all the team players...

Only £12 each



SQUASH ACADEMY

Shirts:

Members only

£8 each



Measurements	XS	S	M	L	XL	XXL	3XL	4XL	5XL
1/2 Chest	44.5cm	48cm	51.5cm	55cm	58.5cm	62cm	65.5cm	69cm	72.5cm
Body Length	67.5cm	70cm	72.5cm	75cm	77.5cm	80cm	82.5cm	85cm	87.5cm
Sleeve Length	23cm	23cm	24cm	24cm	25cm	25cm	26cm	26cm	27cm

Balls & Grips:



Available from the vending machine.

A variety of grip colours are available.

Rackets:

We have a selection of adult and junior rackets available.

See Academy Coaches for range and prices.

Place your order now by emailing:
website@nunthorpercreationclub.co.uk

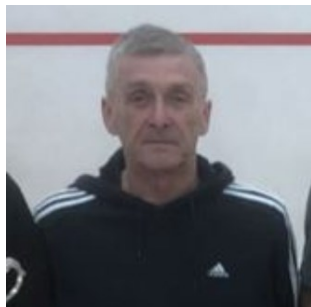
The Squash Committee

Graeme Lewis



Treasurer and squash coach

Geoff Smith



Chairman, secretary and County Committee representative

Martin Bradley



Membership Secretary

Ian Bell



Committee member and squash coach

Michael Bowes



Committee member, 1st team club captain and squash coach

Pete Spaldin



Committee member and squash coach

Malcolm Leech



Committee member and squash coach

Ian Williams



Committee member

RECREATION CLUB BAR

Bar Opening hours

Mon to Wed: 6pm–10pm

Thurs and Fri: 6pm– 11pm

Sat: 3pm – 11pm

Sun: 3pm – 10.30pm

Times may vary depending on demand.

